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| Title | **Perform basic facial** |
| Level | **3** | **Credits** | **17** |

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| Purpose | These competency standards will ensure that the trainee will be able to perform basic facial. |

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| Classification ISCED | 1012 Hair and beauty services |

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| Available grade | Competent / Not yet competent |

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| Modification history | N/A |

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| **Competency Unit** | **Performance Criteria** | **Knowledge and Understanding** |
| **C1: Prepare client for basic facial**This unit specifies the skills and knowledge required to be competent in preparing the Client for basic facial. | P1-Fill in the consultation form for each client.P2-Examine the skin condition and assess type of skin; oily, dry, combination, sensitive and aged.P3-Monitor infections or allergies and prepare the report. P4-Cover the client appropriately for cleansing.P5-Remove client’s Jewelry before beginning the treatment and return upon completion | K1- Explain importance of completion of consultation form.K2- Describe skin conditions (oily, dry, combination, sensitive and aged)K3- Identify infections and allergiesK4**-** Define **i**mportance of covering the clients using (facial band, gowns, aprons & towel).K5- Explain importance of removal of jewelry before the beginning of the treatment. |
| **C2 Select facial product**This unit specifies the skills and knowledge required to be competent in selecting the correct or most suitable product for facial as per the skin type. | P1-Select and use appropriate product for facial as per the skin type.P2-Demonstrate the use of SPF level according to skin condition. | K1- Identify product for facial selection of different sun blocks/ screenK2- Explain importance of SPF according to skin condition |
| **C3: Perform facial cleansing** | P1-Explain the importance of cleansing the skin (remove the makeup) | K1- Explain types of cleansers |

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| This unit specifies the skills and knowledge required to be competent in performing cleansing | P2-Perform deep cleansing remove all dirt from skin as well as in side skin pores applying standard procedures | K2- Define role of cleansing, hand movement in cleansing and thickness of cleanser for clearing the pores |
| **C4: Perform skin polishing**This unit specifies the skills and knowledge required to be competent in performing skin polish | P1-Apply skin polishing / bleaching agent (herbal and chemical) as per standard specification and time line.P2-Apply small portion of bleach / skin polish as tester to check reaction. P3-Identify types of bleaches (powder and cream)available in marketP4-Perform mixing of bleach in proper ratio advised by manufacturerP5-Evaluate and note outcome of bleaching. |
| **C5: Soothe skin**This unit specifies the skills and knowledge required to be competent in soothing the skin | * P1- Soothe the skin with the help of water magic hammer (icing soothing lotion/crème)
* P2- Demonstrate the techniques of soothing the skin
* P3-Identify different soothing lotions according to problem
 | * K1-Explain the importance of magic hammer to sooth the skin
* K2 Describe the techniques of soothing the skin
* K3-Differentiate different types of soothing lotions according to skin available in market.
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| **C6: Perform steaming**This unit specifies the skills and knowledge required to perform steaming of the face | * P1-Perform steaming on face as per industry standards
* P2-Analyze the correct/standard distance of steaming
* P3-Monitor steaming time on different types of skin
 | * K1-Explainn the Procedure of steaming
* K2-Identify the correct technique and reaction of steaming
* K3-Explain the Importance of timing for steaming
* K4-Describe the procedure handling ozone
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| competently | * P4-Operate ozone steamer as per manufacturer guidelines
 | steamer |
| **C7: Perform black head extraction**This unit specifies the skills and knowledge required to be competent in performing black/white head extraction either manually or by vacuum | * P1-Demonstrate the techniques of extracting white

/black heads manually or by vacuum* P2-Operate the vacuum machine and suck the white

/ black heads in right order.* P3-Identify the reason of production of black & white heads on skin.
 | * K1-Describe the techniques of removing white and black heads with machine / Manual (vacuum)
* K2- Identify the reaction of black / white heads extraction by nose pin
* K3-Explain the procedure to operate vacuum machine.
* K4-Analyze the reasons of production of black and white heads
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| **C8: Perform skin toning**This unit specifies the skills and knowledge required to be competent in performing skin toning | * P1- Apply toner with the help of cotton
* P2-Demonstrate the correct method of toning
 | * K1-Explain the importance of toner after steaming.
* K2-Describe the correct method of toning
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| **C9: Perform scrubbing**This unit specifies the skills and knowledge required to be competent in performing | * P1-Remove dead cells of skin by exfoliating/ scrubbing
* P2-Demonstrate specific hand movement during scrubbing
 | * K1-Explain correct scrubbing methods
* K2-Describe the techniques of hand movements
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| Exfoliation/Scrubbing |  |  |
| **C10: Apply Mask**This unit specifies the skills and knowledge required to be competent in applying mask | P1-Apply mask using standard proceduresP2-Remove mask using standard procedures | * K1-Explain the types of mask and their importance.
* K2-State the application of masks on face and remove mask properly.
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| **C11: Apply sun block**This unit specifies the skills and knowledge required to be competent in applying sun Block | * P1-Protect treated skin by applying sun block / day moisturizer using standard procedures.
* P2- Illustrate the importance of daily moisturize / sun block.
* P3-Differentiate different SPF according to skin type.
* P4-Recommend the sun block to client according to their daily activity.
 | * K1-Explain the technique of applying the sun block
* K2-Describe the importance of sun protection from sun rays.
* K3-Identify different types of SPF product according to the skin
* K4-Explain the client about SPF product according to the activity
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| **C12 Use pressure to relax the client**This unit specifies the skills and knowledge required to be competent in applying pressure for relaxation | * P1-Relax the client with pressing different pressure points and movements
 | * K1-Explain different movement and pressure points of face and neck
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