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| Title | **Colour the hair** |
| Level | **4** | **Credits** | **15** |

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| Purpose | These competency standards will ensure that the trainee will be able to perform hair colouring competently by using skills such as selection of appropriate products, preparation of colour, one colour dye, Low and Highlights to achieve desired looks. Also prepare and consult the client for agreed hair colour. |

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| Classification ISCED | 1012 Hair and beauty services |

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| Available grade | Competent / Not yet competent |

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| Modification history | N/A |

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| **Competency Unit** | **Performance Criteria** | **Knowledge and Understanding** | **Tools and Equipment** |
| **E1: Select appropriate colouring products** | **P1**.Identify the types of colouring and lightening products in industry standard classifications .e.g.* Temporary rinses
* Semi-permanent colours
* Permanent tints
* Quasi – colours
* Lightening products and bleaches

**P2**.Explain how each of the colour products affects the hair structure. e.g.* Temporary- coats cuticle layer
* Semi-permanent – penetrates the cuticle layer and lies on the cortex layer
* Permanent tints – penetrate the cortex layer and swells
* Lightening products and bleaches – penetrate the cortex layer and render the natural pigments colourless
* Effect of the hair’s porosity influences the colouring process
 | **K1**.List the types of tools, materials and equipment used for colouring and lightening hair and how and when to use them**K2**.Compare the different types of colouring products and lighteners available and how and when to use them**K3**.Explain the factors that can influence the choice of product and/or application techniques**K4.** Describe the importance of following manufacturers’ instructions when measuring and mixing colouring products and lighteners**K5**.Describe how to accurately measure and mix colouring products to manufacturers’ instructions**K6.** Explain how to accurately measure and mix lighteners to the consistency required to meet manufacturers’ instructions and the needs of the hair**K7**. Describe how different colour products affect the hair structure**K8**. Define the range of protective clothing and products that should be available for clients | **Non Consumables:*** Colouring Unit
* Colour Mixing bowl(plastic or glass works fine)
* Wooden spoon or some other stirring tool
* Paintbrush or a hair tint brush (optional)
* Combs

**Consumables:*** Shampoo
* Colouring kit
* Foil Papers
* Plastic Cap
* Clip
* Towels
* Aprons
* Plastic gloves
* Old clothes or protective salon-
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|  |  | **K9**. Identify the importance of using products economically.**K10**.Discuss why it is important to leave the hair and scalp free of colouring and lightening products.**K11**. Describe how and why the contra-indications in the range can affect the delivery of colouring services to clients**K12.**Explain how porosity levels can affect the choice and application of products and the results of the colouring process**K13.**Describe how the natural pigment within hair affects the choice of colour and colouring products and the possible need to pre-lighten**K14.**Outline the types of colouring and lightening products available, including temporary colours |  |
| **E2: Prepare appropriate Colour:** | **P1.** Identify Colour wheel/star**P2.** Identify how the international colour chart is used to select colour**P3.** Prepare appropriate colour in accordance with clients demand :* Highlights
* Low-lights
* Re-growth
* Full-head

**P4.** Accurately measure and mix colour and lightening products to manufacturers’ instructions**P5. I**dentify appropriate percentage and volume strength hydrogen peroxide before mixing the colour | **K1.** Explain the principles of colour selection**K2.**Explain how the natural pigment within hair affects the choice of colour and colouring products and the possible need to pre-lighten**K3.** Discuss how the different strengths of hydrogen peroxide influence colouring and lightening**K4.** Describe when to use the different types of lighteners and toners available in the market.**K5.** List the types and causes of colouring and lightening problems that may occur during processing (eg skin staining, deterioration of hair condition and product seepage)ways of resolving simple colouring and lightening problems that may occur during processing | **Non Consumables:*** Colouring Unit
* Colour Mixing bowl(plastic or glass works fine)
* Wooden spoon or some other stirring tool
* Paintbrush or a hair tint brush (optional)
* Combs
* Towels
* Aprons

**Consumables:*** Shampoo
* Colouring kit
* Foil Papers
* Plastic Cap
* Clip
* Plastic gloves
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|  | **P6.** Mix higher percentage or volume to achieve the more lightening effect**P7.** Identify the hair’s natural colour from an industry standard range of tones in accordance with clients requirement**P8.** Mix Color and developer according to client’s hair condition, length and desired outcome**P9.** Comply with occupational health &safety requirements while mixing and applying colours | **K6.** Identify the methods of working safely and hygienically and which minimise the risk of cross- infection**K7.**Explain how to accurately measure and mix colour and lightening products to manufacturers’ instructions**K8.** Interpret client consultation information for selection of colour and lightening products**K9.** State what percentage and volume strength hydrogen peroxide means**K10.** Distinguish How the higher the percentage or volume, the more lightening effect is achieved**K11.**Define how the hair’s natural colour is made up from a range of tones**K12.**Explain how to dilute hydrogen peroxide to form different strengths of solutions**K13.** Differentiate among all categories of colour and lightening products**K14.** Classify each stage of decolourisation. |  |
| **E3: Perform one colour dye:** | **P1.** Position your client to meet the needs of the service without causing them discomfort**P2.** Ensure your own posture and position whilst working minimizes fatigue and the risk of injury**P3.** Ensure the health and safety of your client and yourself by using industry standard techniques and processes | **K1.** Explain the whole method of one colour dye**K2.** Describe why it is important to use personal protective equipment* The dangers associated with the inhalation of lighteners
* How to use lighteners safely
* The precautions that must be taken when handling lighteners
 | **Non Consumables:*** Colouring Unit
* Colour Mixing bowl(plastic or glass works fine)
* Wooden spoon or some other stirring tool
* Paintbrush or a hair tint brush (optional)
* Combs
* Bath towel (black)
* Apronsgown/ Cape
* Shampoo
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|  | **P4.** Keep your work area clean and tidy throughout the service according to salon standards and procedures**P5.** Ask your client appropriate questions to identify if they have any contra-indications to colour products**P6.** Use salon standard working methods that minimize the wastage of products, risk of cross-infection, the use of clean resources and risk of harm or injury to yourself**P7.** Effectively prepare your client’s hair and protect their skin using standard processes, where necessary, prior to the service.**P8.** Inform your client of the likely cost, duration and expected outcome of the service**P9.** Section the hair cleanly and evenly to assist the accurate application of products**P11.** Use colour application techniques suitable for achieving the desired look and following manufacturers’ instructions**P12.** Apply products using industry standard techniques that minimize the risk of the product being spread to your client’s skin, clothes and surrounding area**P13.** Massage the hair by using standard techniques and procedures to emulsify the colour, when used, prior to removal following manufacturers’ instructions**P14.** Remove colouring or lightening materials from hair using standard techniques and processes to minimize discomfort to your client**P15.** Shampoo the hair and scalp free from products using standard techniques and processes after the desired effect is achieved | **K3**. Discuss the importance of questioning clients to establish any contra-indications to the colouring and lightening service**K4.**Describe the importance of following manufacturers’ instructions for skin testing**K5.** Tell the importance of constantly monitoring the development of lightener**K6.** Explain what is meant by the term ‘oxidation’**K7.** Define how the natural pigmentation of hair affects the colouring and lightening process**K8.** Identify the effects on the hair of different colouring products and lighteners**K9.** Explain how the different strengths of hydrogen peroxide affect the colouring and lightening of the hair**K10.** Compare the effects of temperature on the application and development of colouring products and lighteners**K11.** Explain how to dilute hydrogen peroxide to form different strengths of solutions**K12.** Demonstrate how to identify the PH level of hair before colouring/lightening**K13.**Discuss why it is important to leave the hair and scalp free of colouring products and lighteners**K14.** Explain how and why the contra-indications in the range can affect the delivery of the colouring service to clients | **Consumables:*** Hair clips and clamps
* Ear pads
* Blower
* Color chart
* Mixing bowl
* Tinting brush
* Rubber gloves/disposable gloves
* Client’s consultation record
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|  | **P16.** Apply a suitable conditioner or post colour treatment to the hair, following manufacturers’ instructions and using standard techniques and processes**P17.** Create a desired look to the satisfaction of the client**P18.** Give your client suitable advice on the maintenance of their hair colour**P19.** Completing the service within salon standard time period.**P20.** Remove waste immediately at the end of the service using salon standard processes**P21.** Follow industry standards safe and hygienic working practices | **K15.** List the types and causes of colouring and lightening problems and how to rectify them (eg over and under processing, overlapping, skin staining, deterioration of hair condition, uneven results and product seepage**K16.** Explain the process of colouring previously chemically treated hair**K17.** Discuss why it is important to leave the hair and scalp free of colour correction products**K18.** Identify the importance of sectioning hair accurately for the colour correction service**K19.** Outline the Methods of applying and removing colour correction products**K20.** Explain how to remove artificial colour**K21.** Explain how to remove bands of colour**K22.** Explain how to re-colour hair previously treated with lighteners**K23.** Summarize how the application and removal of lightener should be adapted to minimise scalp sensitivity and hair damage**K24.** Explain how to carry out a full head and regrowth application using lighteners**K25.** Summarize what factors will influence the sequence of colour application**K26.** Describe and apply the methods and procedural steps for a retouch application**K27.** Identify how the different strengths of hydrogen peroxide influence colouring and lightening |  |

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|  |  | **K28.** When and how shampoos and conditioners should be used when colouring and lightening hair**K29.** Demonstrate procedural steps for colouring virgin hair darker**K30.** Demonstrate procedural steps for colouring virgin hair lighter**K31.** Determine procedural steps for corrective service**K32.** Explain how the continual use of heated equipment can affect the hair colour**K33.** Suggest the products for home use that will benefit the client and those to avoid and why |  |
| **E4: Perform Low lights:** | **P1.** Consult the client on health condition and previous hair chemical treatment availed and advise on possible service options and outcome results**P2.** Advise the client to remove all personal accessories. How to re-colour hair that has had artificial colour removed**P3.** Position your client to meet the needs of the service without causing them discomfort**P4.** Ensure your own posture and position whilst working minimizes fatigue and the risk of injury**P5.** Ensure the health and safety of your client and yourself according to industry health and safety requirements**P6.** Keep your work area clean and tidy throughout the service according to salon standards | **K1.** Explain how and why to adapt the sequence of application to take account of the relevant factors in the range**K2.** List the techniques for low lighting hair**K3.** Define how the application and removal of lightener should be adapted to minimise scalp sensitivity and hair damage**K4.** Calculate the ratio and proportion of the cut down**K5.** Discuss how and why to restore depth and tone of colour**K6.** Explain the methods of applying and removing colouring and lightening products**K7.** Describe when to use the different types of lighteners and toners available | **Non Consumables:*** Colouring Unit
* Colour Mixing bowl(plastic or glass works fine)
* Wooden spoon or some other stirring tool
* Paintbrush or a hair tint brush (optional)
* Combs
* Bath towel (black)
* Apronsgown/ Cape
* Shampoo

**Consumables:*** Hair clips and clamps
* Ear pads
* Blower
* Color chart
* Mixing bowl
* Tinting brush
* Rubber gloves/disposable gloves
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|  | **P7.** Prepare your client’s hair and protect their skin, where necessary, prior to the service according to common procedures.**P8.** Use working methods that minimize the wastage of products risk of cross-infection the use of clean resources and risk of harm or injury to yourself according to salon guidelines**P9.** .Shampoo Client’s hair without scratching the scalp before low lights and blow-dry hair, if required**P10.** Identify the types and causes of colour correction problems that may occur during processing and explain how to rectify them(e.g. over and under processing, skin staining, deterioration of hair condition, scalp sensitivity and product seepage)**P11.** Perform Foil Method/cap method using standard procedures**P12.** Section the hair cleanly and evenly to assist the accurate application of products**P13.** Use colour application techniques suitable for achieving the desired look and following manufacturers’ instructions**P14.** Apply products using procedures that minimizes the risk of the product being spread to your client’s skin, clothes and surrounding area**P15.** Cut down the hair chunks according to established or acceptable procedures**P16.** Shampoo the hair and scalp free of cut down after the desired effect is achieved**P17.** Apply color as per client’s need and suitability and manufacturers instructions. | **K8.** Define how the different strengths of hydrogen peroxide affect the colouring and lightening of the hair**K10.** Identify the types and causes of colouring and lightening problems that may occur during processing (eg skin staining, deterioration of hair condition and product seepage)**K11.** Describe how to correct lowlights with retaining a lowlight effect**K12.** Explain how to place colour in a way to complement a hair style**K13.** Explain when and how shampoos and conditioners should be used when colouring and lightening hair**K14.** List procedural steps for colouring virgin hair lowlights in dark colour**K15.** Demonstrate procedural steps for colouring virgin hair low lights in lighter colour**K16.** Determine procedural steps for corrective service**K17.** Identify how the continual use of heated equipment can affect the hair colour**K18.**Suggest products for home use that will benefit the client and those to avoid and why | * Client’s consultation record
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|  | **P18.** Shampoo, rinse and Blow dry to check the final results to the client’s satisfaction.**P19.** Apply a suitable conditioner or post colour treatment to the hair, following manufacturers’ instructions**P20.** Clean the Workstation and prepare it for next salon activity according to salon procedures. |  |  |
| **E5: Perform Highlights:** | **P1.** Consult the client on health condition and previous hair chemical treatment availed and advise on possible service options and outcome results**P2.** Advise the client to remove all personal accessories. How to re-colour hair that has had artificial colour removed**P3.** Position your client to meet the needs of the service without causing them discomfort**P4.** Ensure your own posture and position whilst working minimizes fatigue and the risk of injury**P5.** Ensure the health and safety of your client and yourself**P6.** Keep your work area clean and tidy throughout the service**P7.** Effectively prepare your client’s hair and protect their skin, where necessary, prior to the service**P8.** Use working methods that minimize the wastage of products risk of cross-infection the use of clean resources and risk of harm or injury to yourself**P9.** .Shampoo Client’s hair without scratching the scalp before highlights and blow-dry hair, if required | **K1**. Describe how and why to adapt the sequence of application to take account of the relevant factors in the range**K2.** List the techniques for highlightening hair**K3.**Explainhow the application and removal of lightener should be adapted to minimise scalp sensitivity and hair damage**K4.** Compare the ratio and proportion of the cut down**K5**. Define how and why to restore depth and tone of colour**K6.** Outline the methods of applying and removing colouring and lightening products**K7.** Discuss when to use the different types of lighteners and toners available**K8.**Compare how the different strengths of hydrogen peroxide affect the colouring and lightening of the hair**K10.** List the types and causes of colouring and lightening problems that may occur during | **Non Consumables:*** Colouring Unit
* Colour Mixing bowl(plastic or glass works fine)
* Wooden spoon or some other stirring tool
* Paintbrush or a hair tint brush (optional)
* Combs
* Bath towel (black)
* Apronsgown/ Cape
* Shampoo

**Consumables:*** Hair clips and clamps
* Ear pads
* Blower
* Color chart
* Mixing bowl
* Tinting brush
* Rubber gloves/disposable gloves
* Client’s consultation record
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|  | **P10.** Identify the types and causes of colour correction problems that may occur during processing and how to rectify them(eg over and under processing, skin staining, deterioration of hair condition, scalp sensitivity and product seepage)**P11.** Perform Foil Method/cap method**P12.** Section the hair cleanly and evenly to assist the accurate application of products**P13.** Use colour application techniques suitable for achieving the desired look and following manufacturers’ instructions**P14.** Apply products in a way that minimizes the risk of the product being spread to your client’s skin, clothes and surrounding area**P15.** Cut down the hair according to established or acceptable procedures for highlights**P16.** Shampoo the hair and scalp free of cut down after the desired effect is achieved**P17.** Apply color as per clients need and suitability**P18.** Shampoo, rinse and Blow dry to check the final results**P19.** Apply a suitable conditioner or post colour treatment to the hair, following manufacturers’ instructions**P20.** Clean the Workstation and prepare it for next salon activity. | processing (eg skin staining, deterioration of hair condition and product seepage)**K11.** Define how to correct highlights with retaining a highlight effect**K12.** Explain how to place colour in a way to complement a hair style**K13.** Examine when and how shampoos and conditioners should be used when colouring and lightening hair**K14.** List procedural steps for colouring virgin hair highlights in dark colour**K15.** List procedural steps for colouring virgin hair highlights in lighter colour**K16.** Determine procedural steps for corrective service**K17.**Identify how the continual use of heated equipment can affect the hair colour**K18.**Suggest products for home use that will benefit the client and those to avoid and why |  |