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| Title | **Perform manicure and pedicure** | | |
| Level | **3** | **Credits** | **4** |

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| Purpose | These competency-standards will ensure that the trainee can perform manicure and pedicure and selection suitable products for manicure and pedicure. |

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| Classification ISCED | 1012 Hair and beauty services |

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| Available grade | Competent / Not yet competent |

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| Modification history | N/A |

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| **Competency Unit** | **Performance Criteria** | **Knowledge and Understanding** |
| **F-1: Prepare client for manicure / pedicure**  This unit specifies the skills and knowledge required to prepare client for manicure and pedicure services | P1-Assess the existing nails and skin condition and identify the area required special treatment using standard procedures and classifications. | K1-Explain the nails conditions and treatment. |
| **F-2: & F3 Perform hand foot cleanser and Scrab**  This unit specifies the skills and knowledge required foot cleaner and Scrab | P1-Apply the standard procedures and services to client for manicure/pedicure.  P2-Prepare service area for manicure and pedicure. P3-Perform hand/ foot cleanser.  P4-Perform hand/ foot scrub. | K1-Explain the standard procedure for manicure and pedicure.  K2-Explain the importance of maintenance of service area for manicure and pedicure  K3-Describe the role of cleansing K4-Define scrubbing  K5-Explain the use and maintenance of foot spa and its storage |

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| **F-4 & F10 Perform nail treatments**  This unit specifies the skills and knowledge required for nail treatments | P1-Soak hand/ foot manually/ machinery.  P2-Remove hair from hand/ foot or bleach the hair.  P3-Shapeup, file, treat nail and cut cuticle according to client’s requirements.  P4-Revamp and refurbish nail with buffer.  P5-Demonstrate the use of paraffin wax and apply nail shiner.  P5-Identify different types of wax, powder and antiseptic lotions and their cost for manicure and pedicure.  P6-Identify different types of nail problems.  P7-Demonstrate use of foot spa and its proper storage. | K1-Explain the  timings of soaking hands/ feet  K2-Describe the techniques of removing hair or bleaching from hands and feet.  K3-Explain the correct measures for shaping and filing the cuticle  K4-Recognize the role of refurbishing the nails with buffer.  K5-Explain the Importance of paraffin wax.  K6-Explain the effects of using different wax and different products for manicure and pedicure.  Explain the impact of nail shiner  K7-Explain the cost effective method for purchasing different wax and thread from market.  Explain different types of nail problems |